



The Urban Escape

Holistic Therapy Treatments

Treatment Price List

The Urban **Escape** offers a range of holistic therapies here in the heart of Norwich giving you the chance to relax, unwind and re-balance.

Swedish massage

Full-body massage <i>One hour 10 minutes</i>	£30
Course of six	£150
Back massage <i>30 minutes</i>	£18
Full-body massage with lymphatic drainage <i>One hour 30 minutes</i>	£40

Aromatherapy massage

Full-body including face <i>One hour 30 minutes</i>	£42
Course of six	£210
Full-body including face <i>Two hours</i>	£55
Back massage <i>30 minutes</i>	£20

Reflexology

<i>One hour</i>	£30
Recommended course of six	£150

Gift vouchers available

Cancellations: if 24 hours notice is not given, a charge may be made

The Urban **Escape**

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